



*** Kumite Course ***

With Aidan Trimble Sensei 8th Dan

Purple belts and above
Saturday 20th January

10.00am-11.00am

11.00am-12.00pm

12.15pm-1.15pm

The Dojo Humber Rd Beeston, Nottingham, NG9 3ET
0115 8754212

Cost: £20.00

****Closing date Wed 17th January****

Places will be limited on this kumite course so book early using the form below

Name..... grade.....

Address.....

Age.....Club.

Tel. No.Email

Send a cheque to the above address payable to 'FSK'